

Directory of services for people with diabetes

in the municipalities of:

Melbourne
Moonee Valley
Moreland
Hume
Maribyrnong
Brimbank

Collected and collated by:

Community Partnerships Unit
Ambulatory and Continuing Care
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All entries in this directory were checked by the agencies listed prior to publication.
If you identify an error in the directory or know that some of the service details have changed,
please let us know by email to cpu@mh.org.au. Thank you.

How to use the Diabetes Service Directory

The Diabetes Service Directory is colour coded, to indicate the catchment areas of the listed services.

- Blue for services located in Dousta Galla CHC catchment
- Red for services located in Moreland CHC catchment
- Green for services located in the Dianella CHC catchment
- Black for other services

Services are always listed in this order.

Services are listed under the following categories:

EDUCATION

Diabetes 1:1
Diabetes Education Group
Self-Management, Diabetes Specific
Self-Management, Group
Lifestyle: Fitness, weight, stress
Information (brochures, fact sheets)

EXERCISE

Diabetes Specific Exercise, Group
General Exercise 1:1
General Exercise Groups

ASSESSMENT & MANAGEMENT

Assessment and Management

PODIATRY

Diabetes Specific Podiatry
General Podiatry
Foot Care Education

NUTRITION & DIETETICS

Nutrition Consultation 1:1
Nutrition Education Group
Cooking Classes, General Group
Shopping Classes, Group

PHYSIOTHERAPY

Physiotherapy General 1:1
Physiotherapy General, Group

EQUIPMENT

Equipment

SUPPORT

Telephone Counselling
Diabetes Support, Group
General Support, Group
Counselling, General
Peer Support

Location of services are listed under agency and site. See next page for list of sites, addresses and contact details.

For each service, information is provided on:

Referral method.

Service frequency.

Waiting times.

Contact details.

Information required for referral.

Interpreter availability.

Cost to client: Community Health fees are free to concession card holders; then \$5 to \$8 or \$10 to \$15 depending on income.

An "X" in the Directory indicates a "yes".

Abbreviations List

Abbreviation used in template	Service and location	Phone	Fax	Address	Suburb	Postcode	Email	Website
B'meadow HS	Broadmeadows Health Service	83455000	93094065	35 Johnstone Street	Broadmeadows	3047		www.nh.org.au
Carelink	Commonwealth Respite and Carelink Centre	1800059059	9495 2599	4 Bruce Street	Preston	3072	cln@mchs.org.au	http://www.mchs.org.au/services/ccrc-cln.html
Church Nursing	Church Nursing Service (Podiatry)	93856565	93879236	33 Blyth St	Brunswick	3056	info@baptcare.org.au	www.baptcare.com.au
DAV	Diabetes Australia Victoria	96671777	96671778	570 Elizabeth St	Melbourne	3000	mail@davoorg.au	http://www.dav.org.au
Dianella-B	Dianella Community Health Centre Broadmeadows	83455678	83455833	35 Johnstone Street	Broadmeadows	3047	info@dianella.org.au	http://www.dianella.org.au
Dianella-C	Dianella Community Health Centre Craigieburn	93081222	93083166	55 Craigieburn Road	Craigieburn	3064	info@dianella.org.au	http://www.dianella.org.au
Dianella-G	Dianella Community Health Centre Glenroy	93065611	93065644	175 Glenroy Rd	Glenroy	3046	info@dianella.org.au	http://www.dianella.org.au
Dianella-MH	Dianella Community Health Centre Meadow Heights	93028888	93028899	21-27 Hudson Circuit	Meadow Heights	3048	info@dianella.org.au	http://www.dianella.org.au
Dianella-RC	Dianella Community Health Centre Multicultural Health Resource Centre	93065611	93065644	175 Glenroy Road	Glenroy	3046	info@dianella.org.au	http://www.dianella.org.au
Doutta Galla-K	Doutta Galla CHS Kensington	83781600	93721558	12 Gower Street	Kensington	3031	info@dgchs.org.au	http://www.dgchs.org.au
Doutta Galla-MP	Doutta Galla CHS Moonee Ponds	93777100	93260054	7 Chester Street	Moonee Ponds	3039	info@dgchs.org.au	http://www.dgchs.org.au
Doutta Galla-N	Doutta Galla CHS Niddrie	8378 3500	9374 2866	3-15 Matthews Ave	Niddrie	3042	info@dgchs.org.au	http://www.dgchs.org.au
HARP	HARP Chronic Disease Management Coburg	93199456	93501518	Moreland CHS, 93 Bell St	Coburg	3058		
HITH	RMH Hospital in the Home	93427245	93428268	1 SW, Main Block Grattan St	Parkville	3053	sharon.smith@mh.org.au	
ISIS-DP	ISIS Deer Park	92197142		106 Station St	Deer Park	3023	isis@isispc.com.au	http://www.isispc.com.au/
ISIS-HB	ISIS Hobsons Bay	83683000		330 Queen St	Altona Meadows	3028	isis@isispc.com.au	http://www.isispc.com.au/
ISIS-S	Isis Sunshine	9313 5000	9313 5050	121 Harvester Road	Sunshine	3020	isis@isispc.com.au	http://www.isispc.com.au/
ISIS-STA	ISIS St Albans	92961200		1 Andrea Ast	St Albans	3021	isis@isispc.com.au	http://www.isispc.com.au/
ISIS-WG	ISIS Watergardens	94496900		Level 1, 399 Melton Hwy	Taylors Lakes	3038	isis@isispc.com.au	http://www.isispc.com.au/
ISIS-WY	ISIS Wyndham	87341400		117-129 Warringa Crescent	Hoppers Crossing	3029	isis@isispc.com.au	http://www.isispc.com.au/
Moreland-B	Moreland CHS Brunswick	93876711	93875417	11 Glenlyon Road	Brunswick	3056	webmaster@mchs.org.au	http://www.mchs.org.au/

Abbreviations List

Abbreviation used in template	Service and location	Phone	Fax	Address	Suburb	Postcode	Email	Website
Moreland-C	Moreland CHS Coburg	93504000	93501518	93 Bell Street	Coburg	3058	webmaster@mchs.org.au	http://www.mchs.org.au/
Moreland-F	Moreland CHS Fawkner	9357 2444	93599542	79 Jukes Rd	Fawkner	3060	webmaster@mchs.org.au	http://www.mchs.org.au/
Moreland-G	Moreland CHS Glenroy	9304 9200	93003283	5D Cromwell St	Glenroy	3046	webmaster@mchs.org.au	http://www.mchs.org.au/
MDGP	Melbourne Division of General Practice	93471188	93477433	Suite 9, 233 Cardigan Street	Carlton	3053	division@mdgp.com.au	www.mdgp.com.au
RMH - CC	RMH - City Campus	9342 7000						
Sunbury CH	Sunbury Community Health Centre	9744 4455	9744 6777	12-28 Macedon Street	Sunbury	3429	admin@sunburychc.org.au	http://www.sunburychc.org.a u/
West Reg HC-B	Western Region Health Centre Braybrook	93649622	93123507	107-139 Churchill Ave	Braybrook	3019		http://www.wrhc.com.au/
West Reg HC-F	Western Region Health Centre Footscray	83984100	96895150	72-78 Paisley St	Footscray	3011		http://www.Western Region Healthc.com.au/
YMCA-B	YMCA Brunswick Baths	93811840	93811806	14 Dawson Street	Brunswick	3056	brunswick@ymca.org.au	www.brunswickcitybaths.ymca.org.au
YMCA-C	YMCA Carlton Community Baths	93473677	93471301	248 Rathdowne St	Carlton	3053	carltonbaths@ymca.org.au	www.carltonbaths.ymca.org.au
YMCA-E	YMCA Essendon	93374488	93379092	Cnr Cooper & Spencer Sts	Essendon	3040	mooneevalley@ymca.org.au	www.mooneevalley.ymca.org.au

Abbreviation	Explanation
CH Fees	Community Health Fees
DNE	Diabetes Nurse Educator
PH	Phone access to interpreter

Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by				Referral Source				Contact		Information required						Interpreter	Cost		
					Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies	GP details			None	
DIABETES EDUCATION 1:1																								
Diabetes Education	Consultation, assessment, education and support by a DNE for people with Diabetes and their carers	Doutta Galla-K	Weekly	0	X	X	X	X	X	X	X			8378 1600	9372 1558	X	X	X	X			X	CH fees	
Diabetes Education	Education by DNE - individual consultation	Moreland-C	Weekly	1-2	X		X	X		X	X			9350 4000	9350 1518					X			CH fees	
		Moreland-F	Weekly	1-3	X		X	X		X	X			9357 2444	9359 9542					X			CH fees	
Diabetes Care Team	Education by DNE, podiatrist and dietitian - individual consultation	B'meadow HS	Weekly	2-6	X		X		X	X	X			8345 5322	9306 4065	X	X	X					Free	
Diabetes Education	Education, support and information to people diagnosed with diabetes and their carers. Short education programs run regularly. Please contact service for details.	ISIS-DP	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
		ISIS-HB	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
		ISIS-S	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
		ISIS-STA	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
		ISIS-WG	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
		ISIS-WY	As scheduled	2-3	X	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees
Diabetes Education	Individual consultation for people with diabetes and their families/carers	West Reg HC-F	Weekly	1-3	X	X	X	X	X	X	X			8398 4169	9689 4145							X	X	CH fees
		West Reg HC-B	Weekly	1-4	X	X	X	X	X	X	X			8399 4169	9690 4145							X	X	CH fees
Diabetes Education	Education by DNE - individual consultation	DAV	Daily	2-3	X	X	X		X	X	X			9667 1728	9667 1778	X	X	X		X		X	Free	
DIABETES EDUCATION GROUP																								
CALD Specific Diabetes Education	Language specific Diabetes education and information sessions.	Doutta Galla-K	As scheduled	4	X	X	X	X		X	X	X		8378 3500	9374 2866	X	X	X	X	X		X	Free	
Healthy Lifestyle Group	Education sessions presenting topics related to diabetes	Doutta Galla-N	Monthly	0		X			X					8378 3500	9374 2866						X	X	Free	
Diabetes Management	Overview on topics related to diabetes, including healthy eating and foot care	Doutta Galla-N	As scheduled	1	X	X	X					X		8378 3500	9374 2866							X	Free	
		Doutta Galla-K	Monthly	1	X	X	X					X		8378 1600	9372 1558							X	Free	
Diabetes Review and Management	Reviewing and exploring diabetes issues; referral to other groups to aid in control and self management of client's diabetes. Contact service for session details	Doutta Galla-N	Monthly	0	X	X			X	X	X			8378 3500	9374 2866	X	X	X	X	X		X	CH fees	
		Doutta Galla-K	Monthly	0	X	X	X	X	X	X	X			8378 1600	9372 1558	X	X	X	X	X		X	CH fees	
Talking Diabetes	One off session on "What is Diabetes?". Food facts, exercise and monitoring	Dianella-B	Fortnightly	<1		X			X					9306 5611	9306 5644							X	CH fees	

E D U C A T I O N

	Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by				Referral Source				Contact		Information required						Interpreter	Cost		
						Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies	GP details			None	
E D U C A T I O N	Diabetes and You	5 week program for individuals living with diabetes; food, exercise, label reading, foot care, monitoring and more. Family/carers welcome	Dianella-MH	Weekly	0		X				X				9306 5611	9306 5644							X	CH fees	
			Dianella-B	Weekly	0		X				X					9306 5611	9306 5644							X	CH fees
	Diabetes Care Team	Education by DNE, podiatrist and dietitian.	B'meadow HS	Weekly	2-6	X		X		X	X	X			8345 5322	9306 4065		X	X						Free
	Diabetes Education	Education, support and information to people diagnosed with diabetes and their carers. Short education programs run regularly. Please contact service for details.	ISIS-DP	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
			ISIS-HB	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
			ISIS-S	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
			ISIS-STA	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
			ISIS-WG	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
			ISIS-WY	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387		X	X		X		X	CH fees	
	Dietitian	Group sessions led by a dietitian re: healthy eating and management of diabetes. Please contact service for session details.	ISIS-DP	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees	
			ISIS-HB	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees	
			ISIS-S	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees	
			ISIS-STA	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees	
			ISIS-WG	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees	
			ISIS-WY	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees	
Diabetes Education	Group sessions for people with diabetes and their families/carers	West Reg HC-F	Weekly	1-3	X	X	X	X	X	X	X			8398 4169	9689 4145							X	X	CH fees	
		West Reg HC-B	Weekly	1-4	X	X	X	X	X	X	X			8399 4169	9690 4145							X	X	CH fees	
Living well with Diabetes	Group sessions held over 6 weeks, with DNE and dietitian. CALD groups available: Italian	DAV	Weekly	0	X	X	X		X					9667 1728	9667 1778		X	X					X	Fees charged	
SELF MANAGEMENT DIABETES SPECIFIC																									
Living with Diabetes	5 week program. Course covers Chronic disease (diabetes) self management information, education and lifestyle skills, facilitated by DNE, Dietitian, GP, PT and pharmacist.	Doutta Galla-K	Weekly	3-4	X	X	X	X	X	X	X			8378 1600	9372 1558	X	X	X	X	X		X	CH fees		
Diabetes Type 2 Self Management	Latest management information. Session facilitated by dietitian, physiotherapist and diabetes educator. Contact service for session information.	Sunbury CH	Bi monthly	0	X	X	X	X	X	X	X			9744 4455	9744 6777	X	X	X		X		PH	CH fees		

Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by			Referral Source					Contact		Information required						Interpreter	Cost	
					Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies	GP details			None
Diabetes Self Management	Wide range of groups operate through the year. Contact centre for details	ISIS-DP	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
		ISIS-HB	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
		ISIS-S	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
		ISIS-STA	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
		ISIS-WG	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
		ISIS-WY	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
SELF MANAGEMENT DIABETES SPECIFIC (continued)																							
Vietnamese Diabetes Self Management	12 week diabetes education group, progressing to self management. Please contact service for session details	West Reg HC-F	As scheduled	0		X				X	X			8398 4172	9687 9330	X		X		X		X	CH fees
Italian Self Management Living well with Diabetes	Group sessions presented by DNE. Please contact service for session details	DAV	As scheduled	0	X	X	X		X					9667 1728	9667 1778		X	X				X	Fees charged
SELF MANAGEMENT GROUP																							
Chronic Condition Self Management Program	Chronic condition management program. Non diabetes specific.	ISIS-DP	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
		ISIS-HB	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
		ISIS-S	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
		ISIS-STA	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
		ISIS-WG	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
		ISIS-WY	Weekly	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387	X	X		X		X	CH fees	
LIFESTYLE: Fitness, weight, stress																							
Wellness and Health	Lifestyle consolation - stress, weight management and nutrition advice. See weight management. Special needs services (including deaf interpreter) can be arranged with notice.	YMCA-B	Daily	0	X	X	X		X		X			9381 1840	9381 1806	X			X			PH	\$30-\$60 per month
		YMCA-C	Daily	0	X	X	X		X		X			9347 3677	9347 1301	X			X				PH
Wellness and Health		YMCA-E	Daily	0	X	X	X		X		X			9337 4488	9337 9092	X			X			PH	\$30-\$60 per month
INFORMATION																							
Fact sheets	Written information on various subjects, including diabetes. Available in a range of languages	West Reg HC-F		0									X	8398 4169								PH	Free
Fact Sheets	Information available from DAV, please contact service	DAV		0										1300 136 588	9667 1778							X	Free

E D U C A T I O N

Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by			Referral Source					Contact		Information required					Interpreter	Cost								
					Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies			GP details	None						
DIABETES SPECIFIC GROUP EXERCISE																													
One Step Ahead	8 week program involving structured exercises, foot screening, and diabetes education. Patients required to attend full 8 week program. English speaking. Contact service for program session details. \$5 to \$10 per week.	B'meadow HS	As scheduled	0	X		X		X	X	X			8345 5353	9306 4065	X	X	X								Fees charged			
GENERAL EXERCISE 1:1																													
Exercise	Individual exercise programs at municipal recreation centres and pools. Special needs services (including deaf interpreter) can be arranged with notice.	YMCA-B	Daily	0	X	X	X		X		X			9381 1840	9381 1806	X				X						PH	\$30-\$60 per month		
		YMCA-C	Daily	0	X	X	X		X		X				9347 3677	9347 1301	X				X							PH	\$30-\$60 per month
Exercise		YMCA-E	Daily	0	X	X	X		X		X				9337 4488	9337 9092	X				X							PH	\$30-\$60 per month
GENERAL EXERCISE GROUPS																													
Niddrie Walking Group	Volunteer run walking group, held on Fridays	Doutta Galla-N	Weekly	0										X	8378 3500	9374 2866								X			Free		
Tai Chi for Better Health	12 week program to improve and optimise general health and run two times a year. Contact service for session times	Sunbury CH	As scheduled	0	X	X	X	X	X	X	X				9744 4455	9744 6777									X			Fees charged	
Go for Fitness - Go for Gold	Physical activity for healthy seniors (including those with diabetes) and for weight management	Sunbury CH	Daily	0	X	X	X	X	X	X	X				9744 4455	9744 6777	X	X	X		X						PH	Fees charged	
Exercise	Group exercise programs	West Reg HC-F	Weekly	0		X									8398 4100	9689 5150								X			CH fees		
		West Reg HC-B	Weekly	0		X										8399 4100	9690 5150								X			CH fees	
Exercise	Group exercise programs at municipal recreation centres and pools. Special needs services (including deaf interpreter) can be arranged with notice.	YMCA-B	Daily	0	X	X	X		X		X				9381 1840	9381 1806	X											PH	\$30-\$60 per month
		YMCA-C	Daily	0	X	X	X		X		X					9347 3677	9347 1301	X											PH
Exercise		YMCA-E	Daily	0	X	X	X		X		X				9337 4488	9337 9092	X												PH
Tai Chi	6 week program for fitness. Please contact service for session information	DAV	As scheduled	0		X			X						1300 136 588	9667 1778								X				Fees charged	

EXERCISE

Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by				Referral Source				Contact		Information required						Cost					
					Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies	GP details		None	Interpreter			
ASSESSMENT AND MANAGEMENT																										
HARP Diabetes project management	Management and education provided to patients with complex diabetes with aligned GP practices (HARP catchment: Moreland, Moonnee Valley and Melbourne). DHS funded. Will soon be offering the service for RMH referrals within a community health service setting - currently in the planning stage.	General Practices	By appointment	<1	X	X	X	X		X	X			9350 4000	9350 1518	X										Free
Diabetes One Stop Shop (DOSS)	Newly diagnosed Diabetic assessment and management by DNE, dietitian and podiatrist.	Doutta Galla-N	Monthly	3-4	X	X	X	X	X	X	X			8378 3500	9374 2866	X	X	X	X	X				X	Free	
Diabetes Review	Reviewing and exploring diabetes issues and referral to other groups to aid in control of client's diabetes. Contact service for session details	Doutta Galla-N	As scheduled	0	X	X			X	X	X			8378 3500	9374 2866	X	X	X	X	X			X	CH fees		
	Reviewing and exploring diabetes issues and referral to other groups to aid in control of client's diabetes. Contact service for session details	Doutta Galla-K	As scheduled	1	X	X			X	X	X			8378 1600	9372 1558	X	X	X	X	X			X	CH fees		

ASSESSMENT & MANAGEMENT

Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by				Referral Source				Contact		Information required						Cost			
					Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies	GP details		None	Interpreter	
DIABETES SPECIFIC PODIATRY																								
Diabetes Foot Unit	RMH Hospital based unit, providing DHS funded services for foot care to patients with diabetes	RMH - CC	By appointment	<1	X	X	X	X		X	X			9342 7000		X								Free
HARP Diabetes Foot Program	DHS funded program for people with severe diabetes related foot conditions, provision of additional community based specialist podiatry and wound care	Moreland-C	By appointment	<1	X	X	X	X		X	X			9350 4000	9350 1518	X								Free
HARP Diabetes Foot Program	DHS funded program for people with severe diabetes related foot conditions, provision of additional community based specialist podiatry and wound care	Moreland-B	By appointment	<1	X	X	X	X		X	X			9350 4000	9350 1518	X								Free
HARP Diabetes Foot Program	DHS funded program for people with severe diabetes related foot conditions, provision of additional community based specialist podiatry and wound care	Moreland-F	By appointment	<1	X	X	X	X		X	X			9350 4000	9350 1518	X								Free
HARP Diabetes Foot Program	DHS funded program for people with severe diabetes related foot conditions, provision of additional community based specialist podiatry and wound care	Doutta Galla-MP	By appointment	<1	X	X	X	X		X	X			9350 4000	9350 1518	X								Free
GENERAL PODIATRY 1:1																								
Podiatry	Ongoing podiatry care for people with high needs.	Moreland-B	By appointment	24		X		X	X	X	X			9387 6711	9387 5417							X	X	CH fees
		Moreland-C	By appointment	24		X		X	X	X	X			9350 4000	9350 1518							X	X	CH fees
		Moreland-F	By appointment	24		X		X	X	X	X			9357 2444	9359 9542							X	X	CH fees
		Moreland-G	By appointment	24		X		X	X	X	X			9304 9200	9300 3283							X	X	CH fees
		Dianella-B	By appointment	6	X	X	X		X	X	X			8345 5612	8345 5833							X	X	CH fees

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Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by			Referral Source					Contact		Information required						Interpreter	Cost	
					Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies	GP details			None
Podiatry	Ongoing podiatry care for people with high needs	Dianella-C	By appointment	6	X	X	X		X	X	X			8345 5612	8345 5833						X	X	CH fees
		Dianella-MH	By appointment	6	X	X	X		X	X	X			8345 5612	8345 5833						X	X	CH fees
Podiatry	Ongoing podiatry care for people with high needs	Sunbury CH	By appointment	2-3	X	X	X	X	X	X	X			93471 188	9347 7433	X	X	X		X		PH	CH fees
Podiatry	Ongoing podiatry care for people with high needs.	ISIS-DP	By appointment	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
		ISIS-HB	By appointment	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
		ISIS-S	By appointment	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
		ISIS-STA	By appointment	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
		ISIS-WG	By appointment	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
		ISIS-WY	By appointment	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
Podiatry	Ongoing podiatry care for people with high needs	West Reg HC-F	By appointment	16		X			X	X	X			8398 4174	9689 5150	X						X	CH fees
		West Reg HC-B	By appointment	16		X			X	X	X			9364 9622	9312 3507	X						X	CH fees
Podiatry	Ongoing podiatry care. Home visits provided for immobile and house bound clients. Contact service for eligibility qualifications.	Church Nursing	By appointment	8	X	X	X	X	X	X	X			9385 6565	9387 9236						X	PH	Fees charged
FOOT CARE EDUCATION																							
Podiatry education	Group session provides assessment and education on foot care.	ISIS-DP	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
		ISIS-HB	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
		ISIS-S	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
		ISIS-STA	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
		ISIS-WG	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees
		ISIS-WY	As scheduled	2-3	X	X	X	X	X	X	X			9296 1200	9296 1387					X		X	CH fees

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Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by			Referral Source				Contact		Information required						Interpreter	Cost
					Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies		
NUTRITION CONSULTATION 1:1																					
Dietitian	Nutrition consultation by dietitian. Home visits available if essential.	Moreland-C	Weekly	8-10	X	X	X	X	X	X		9350 4000	9350 1518	X	X	X	X		CH fees		
		Moreland-F	Weekly	8-10	X	X	X	X	X	X		9357 2444	9359 9542	X	X	X	X		CH fees		
Dietitian	Nutrition consultation by dietitian	Dianella-B	Daily		X	X	X	X	X	X		8345 5612	8345 5833					X	X	CH fees	
		Dianella-C	Daily		X	X	X	X	X	X		8345 5612	8345 5833					X	X	CH fees	
Dietitian	Nutrition consultation by dietitian	Sunbury CH	Daily	2-3	X	X	X	X	X	X		9744 4455	9744 6777	X	X	X	X		PH	CH fees	
Dietitian	Nutrition and dietetic service for individuals.	ISIS-DP	Weekly	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees		
		ISIS-HB	Weekly	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees		
		ISIS-S	Weekly	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees		
		ISIS-STA	Weekly	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees		
		ISIS-WG	Weekly	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees		
ISIS-WY	Weekly	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees				
NUTRITION EDUCATION GROUP																					
Dietitian	Group sessions led by a dietitian. Please contact service for session	Sunbury CH	As scheduled	2-3	X	X	X	X	X	X		9744 4455	9744 6777	X	X	X	X		PH	CH fees	
Dietitian	Nutrition and dietetic service for groups.	ISIS-DP	By appointment	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees		
		ISIS-HB	By appointment	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees		
		ISIS-S	By appointment	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees		
		ISIS-STA	By appointment	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees		
		ISIS-WG	By appointment	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees		
ISIS-WY	By appointment	2-3	X	X	X	X	X	X		9296 1200	9296 1387				X	X	CH fees				
COOKING CLASSES GENERAL GROUP																					
Cooking Classes	Contact service for details	West Reg HC-F	As scheduled	0		X						8398 4100						X	X	CH fees	
		West Reg HC-B	As scheduled	0		X							9364 9622						X	X	CH fees
SHOPPING CLASSES GROUP																					
Shopping Tour for Nutrition	Learn more about healthy eating and complex nutrition labels. Contact service for details	Sunbury CH	As scheduled	0	X	X	X	X	X	X		9744 4455	9744 6777						PH	Fees charged	
Supermarket tours	Dietitian led. Learn more about healthy eating and complex nutrition labels. Contact service for details	DAV	As scheduled	0		X			X			9667 1728	9667 1778						X	X	Fees charged

	Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by				Referral Source				Contact		Information required						Cost		
						Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies	GP details		None	Interpreter
PHYSIOTHERAPY	PHYSIOTHERAPY GENERAL 1:1																							
	Physiotherapy	Individual treatments and education	Moreland-B	Daily	4-8	X	X	X	X	X	X	X			9387 6711	9387 5417					X		X	CH fees
			Moreland-C	Daily	4-8	X	X	X	X	X	X	X			9350 4000	9350 1518					X		X	CH fees
			Moreland-F	Daily	4-8	X	X	X	X	X	X	X			9357 2444	9359 9542					X		X	CH fees
	PHYSIOTHERAPY GENERAL GROUP																							
	Physiotherapy	Group exercise including strength training and education	Moreland-B	Daily	4-8	X	X	X	X	X	X	X			9387 6711	9387 5417					X		X	CH fees
Moreland-C			Daily	4-8	X	X	X	X	X	X	X			9350 4000	9350 1518					X		X	CH fees	
Moreland-F			Daily	4-8	X	X	X	X	X	X	X			9357 2444	9359 9542					X		X	CH fees	

	Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by				Referral Source				Contact		Information required						Cost			
						Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies	GP details		None	Interpreter	
EQUIPMENT	Blood glucose monitors	Available at special prices, contact service for details	West Reg HC-F	Daily	0									X	8398 4169									PH	Other
	Diabetes Australia Victoria Equipment Service	Retail store, open from 8:30 to 5:00	DAV	Daily	0										1300 136 588									X	Fees charged
	Pharmacies carrying DAV equipment	DAV list of pharmacies (state-wide) selling DAV supplies and equipment	DAV	Daily	0									X	1300 136 588	9668 1778							X	X	Free

Service Name	Descriptor	Site	Frequency	Wait (weeks)	Refer by				Referral Source				Contact		Information required						Interpreter	Cost			
					Mail	Phone	Fax	E-Referral	Client/carer	Health Professional	GP	Service Invite only	None	Phone	Fax	Medical referral/report	Blood tests	Medication List	Allergies	GP details			None		
TELEPHONE COUNSELLING																									
Telephone Counselling	Free access to counselling via phone interpreter	West Reg HC-F	Daily	0										X	8398 4169									PH	Free
DNE on call	Phone advice line with access to Diabetes Nurse Educator. Open 10:00 to 12:30 and 1:00 to 4:00 Mon to Fri	DAV	Daily	0										X	1300 136 588	9667 1778								PH	Free
Multilingual Helpline	Free access to Diabetes Nurse Educator via phone interpreter	DAV	Daily	0										X	1300 136 588	9667 1778							X	Free	
DIABETES SUPPORT GROUP																									
Diabetes Support	Support group held 1st Monday of the month.	ISIS-DP	Monthly	2-3	X	X	X	X	X	X	X				9296 1200	9296 1387		X	X		X		X	CH fees	
		ISIS-S	Monthly	2-3	X	X	X	X	X	X	X				9296 1200	9296 1387		X	X		X		X	CH fees	
COM-NET	Central information point for state-wide network of peer support groups, co-ordinated by DAV	DAV	Daily	0		X			X						9667 1721	9667 1778						X		Fees charged	
GENERAL SUPPORT GROUP																									
Support Group	A wide range of groups operate throughout the year. Please contact service for sessions.	ISIS-DP	Weekly	2-3	X	X	X	X	X	X	X				9296 1200	9296 1387					X		X	CH fees	
		ISIS-HB	Weekly	2-3	X	X	X	X	X	X	X				9296 1200	9296 1387					X		X	CH fees	
		ISIS-S	Weekly	2-3	X	X	X	X	X	X	X				9296 1200	9296 1387					X		X	CH fees	
		ISIS-STA	Weekly	2-3	X	X	X	X	X	X	X				9296 1200	9296 1387					X		X	CH fees	
		ISIS-WG	Weekly	2-3	X	X	X	X	X	X	X				9296 1200	9296 1387					X		X	CH fees	
ISIS-WY	Weekly	2-3	X	X	X	X	X	X	X				9296 1200	9296 1387					X		X	CH fees			
COUNSELLING GENERAL																									
Community Health Nurse	Supportive counselling for people recently diagnosed with serious diseases, including diabetes	Sunbury CH	Daily	2-3	X	X	X	X	X	X	X				93471 188	9347 7433	X	X	X		X		PH	CH fees	
PEER SUPPORT																									
Diabetes A Positive Approach (DAPA)	Provides peer support education and social contact. Held 1st Monday of month. Contact DAPA president Jean Brown	Moreland-C	Monthly	0		X			X						9350 3753							X			

SUPPORT

Practices involved with the Co-management Project

General Practice	Address	Phone	Fax	Diabetes Nurse Educators	DCGP Nurse Mobile	Nurse hours	Doctors
Bell Street Clinic	170 Bell Street Coburg 3058	9354 9271	9350 7011	Fran Brown	0439 373 331	M, W, F	T.Ahern, M.Del Core
Brunswick Medical Group	4 Blythe Street Brunswick 3056	9387 1977	9388 2425	Lois Rowan	0439 373 302	Full time	T.Bay, S.Bowden, J.Cochrane,C.Lawson, J.Shahat, R.Smith, T.Toh
Carlton Medical Centre	Fir 1, 368-386 Lygon St Carlton 3053	93804655	?	Rebecca Watchorn	0439 370 108	Full time	B.Arumugam, F.Cochrane, S.Priestly, R.Wall
Circle Surgery	Unit 2 / 174 Millers Rd North Altona 3025	9315 3100	9315 3199	Tracy Aylen	0439 373 303	Full time	J.Coleman, M.Haikerwal, G.Martyn, K.Cheung, Z.Ilic
Clifton Hill Medical Group	248 Queens Parade Clifton Hill 3068	9489 8355	9486 1571	Rebecca Watchorn	0439 370 108	Full time	R.Blanch, J.Collins, J.Doyle, D.Fox, L.Gurney, V.Hamilton, K.Hegarty, P.Hill, C.Hsieh, C.Papachristos, M.Penn, M.Pirotta, S.Wilson
Complete Family Care	471 Melbourne Rd Newport 3015	9391 0033	9391 9846	Tracy Aylen	0439 373 303	Full time	H.El-Khoury, A.Habib, R.Malekzadeh, S.Waid, M.Wells
Delahey & Kings Park Health Care Centre	11/350 Taylors Rd Delahey 3037	9364 1345	9364 1346	Lois Rowan	0439 373 302	Full time	J.Kyriacopoulos, G.Vanderzeil
East Keilor Clinic	46 Milleara Rd East Keilor 3033	9336 2033	9331 5755	Lois Rowan	0439 373 302	W, Thu	T.Kong, L.Lewi, D.Lisowska
Gathering Place	200 Rosamond Rd Maribyrnong 3019	9318 7855	9318 7866	Tracy Aylen	0439 373 303	Full time	D.Lee
Gilbert Rd Medical Centre	716 Gilbert Rd Reservoir 3073	9478 1511	9471 9738	Rebecca Watchorn	0439 370 108	Wed	S.Conway
The Harding Street Clinic	16 Harding Street, Coburg 3058	9384 1321	9384 1431	Rebecca Watchorn	0439 370 108		C Cornwallis, A Cross, P Day, M Eagle, M Huang, L Jinadash, M Long, R Luo, S MacGill, J Mok, A Read, N
Grantham Street General Practice	69 Grantham Street Brunswick West 3055	9380 1384	9380 9374	Rebecca Watchorn	0439 370 108	Full time	J.Flynn, L.Piggford, J.Stanton, L.Neoh
Kent Rd Clinic	124 Kent Rd Pasoce Vale South 3044	9306 8921	9306 9306	Fran Brown	0439 373 331	M, W, F	H.Brough, S.Carbone, L.Ennis, R.Gornall, T.Hajicosta, A.Hernandez, S.Lew, D.Martinelli, E.Williams
Levick Medical Centre	78 Moreland Rd Brunswick 3056	9386 6781	9384 6000	Elly Kenyon	0430 057 778	M / Thur	J.Erich, M.Levick
Lygon Street Medical Centre	992 Lygon Street Carlton North 3054	9387 2255	9387 4333	Rebecca Watchorn	0439 370 108	Full time	P.Arndt
Main Rd Clinic	378 Main Rd West St Albans 3021	9366 0011	9366 0011	Lois Rowan	0439 373 302	Full time	P.Keddie, R.Pope
SIA Medcial Clinic	1138 Mt Alexander Road, Moonee Ponds 3041		9374 1322	Tracy Aylen	0439 373 303		M Sia, M Yacoub, A Brodsky, L Jasim, P Barson, C Tran, C Tan, A Kouteris, A Mothaji, Van Hung Tran, M Ali, T Phan, R
St Albans Medical Services	264 Main Rd East St Albans 3021	9367 1122		Lois Rowan	0439 373 302	Full time	B.Rados, P.Kuc, M.Wegrzynowski
Travancore Medical Centre	252 Mount Alexander Road Ascot Vale 3032	93763313	93763314	Rebecca Watchorn	0439 370 108	Full time	C.McHardy
Werribee Group Healthcare	1 Barber Drive Hoppers Crossing 3029	9748 7070	9748 7092	Tracy Aylen	0439 373 303	Full time	K.Abdullah, A.Iklaidios, S.Rashid
West Preston Clinic	412 Murray Road, 3072	9478 7388		Rebecca Watchorn	0439 370 108	Wed	M Markzita, F Skodric

Service Types

Diabetes 1:1
Diabetes Group
Self Management Diabetic Specific T1 1:1
Self Management Diabetic Specific T1 Group
Self Management Diabetic Specific T2 1:1
Self Management Diabetic Specific T2 Group
Self Management General 1:1
Self Management General Group
Stress Management 1:1
Stress Management Group
Lifestyle 1:1
Lifestyle Group
Starting Insulin 1:1
Starting Insulin Group
General Group
General 1:1
Diabetes Specific 1:1
Diabetes Specific Group
Weight Management 1:1
Weight Management Group
Diabetes Specific 1:1
Diabetes Specific Group
Case Management
Service Coordination
Wound Care
General 1:1
Diabetes Specific 1:1
Diabetes Foot Service
High Risk Foot Clinic
Education 1:1
Education Group
Consultation 1:1
Consultation Group
Education 1:1
Education Group
Cooking Classes General Group
Cooking Classes Diabetes Specific Group
Shopping Classes General Group
Shopping Classes Diabetes Specific Group
General 1:1
General Group
Diabetes Specific 1:1
Diabetes Specific Group
Blood Glucose Monitors
Diabetes Australia Victoria Equipment Service
Pharmacy List
Telephone Counselling Diabetes Specific
Telephone Counselling Ethno Specific
General support group
Diabetes Specific support group
Counselling general
Peer Support
Self Help