

WOULD YOU LIKE TO WALK THE KOKODA TRACK TO RAISE AWARENESS ABOUT MENTAL HEALTH?



Melbourne General Practice Network will sponsor 1 member to walk the Kokoda Track from the 5th-18th of July 2008.

Why invite a GP to Kokoda?

The GP will be invited to Kokoda as part of an MGPN mental health awareness project. The project has two goals: (1) produce inspirational educational resources to promote mental health (2) understand the health needs of health professionals themselves (i.e GP's & Mental health workers). The selected GP will join psychologist Dr Dan Riddle (MGPN's Professional Development Officer) on the Kokoda Track.

Why go to Kokoda?

The Kokoda Track provides an opportunity for physical and mental challenge, adventure, cultural experience and historical appreciation. The 96 kilometre track stretching through the Owen Stanley Range in Papua New Guinea (PNG) is renowned as the location of the World War II battle between Japanese and Australian forces in 1942.

What should I do if I am interested?

Call MGPN CEO Deb Goldfinch, or Rod Mackintosh to find out more about the project and the selection criteria for the Kokoda trek.